ThinkBook 14 G7 IML 21MR009MMZ

PSREF
Product Specifications Reference

PERFORMANCE

Processor
Intel® Core™ Ultra 7 155H, 16C (6P + 8E + 2LPE) / 22T, Max Turbo up to 4.8GHz, 24MB

NPU
Intel® AI Boost integrated in Intel® Core™ Ultra processor

Graphics[1]
Integrated Intel® Arc™ Graphics

Chipset
Intel® SoC Platform

Memory
2x 16GB SO-DIMM DDR5-5600

Memory Slots
Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory[2]
Up to 64GB DDR5-5600

Storage
1TB SSD M.2 2242 PCIe® 4.0x4 NVMe®

Storage Support
Up to two drives, 2x M.2 SSD
• M.2 2280 SSD up to 2TB

Storage Slot
Two M.2 2280 PCIe® 4.0 x4 slots

Card Reader
SD Card Reader

Optical
None

Audio Chip
High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers
Stereo speakers, 2W x2, Dolby Audio™

Camera
FHD 1080p + IR Hybrid with Privacy Shutter

Microphone
2x, Array

Battery
Integrated 60Wh

Power Adapter
100W USB-C® Slim (3-pin)

Special Features
Modern Standby

DESIGN

Display
14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz

Touchscreen
None

Keyboard
Backlit, Swiss

Touchpad
Buttonless Mylar® surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

Case Color
Arctic Grey

Surface Treatment
Anodizing Sandblasting

Case Material
Aluminium (Top), Aluminium (Bottom)

Dimensions (WxDxH)[3]
313.5 x 224 x 16.9 mm (12.34 x 8.82 x 0.67 inches)

Weight[4]
Starting at 1.38 kg (3.04 lbs)

SOFTWARE

Operating System
Windows® 11 Pro, Swiss (EN/FR/DE/IT)

Bundled Software
Office Trial

CONNECTIVITY

Ethernet
100/1000M (RJ-45)

WLAN + Bluetooth®[5]
Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

Standard Ports
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.1 and DisplayPort™ 1.4
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 2.1
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x SD card reader

Docking
Various docking solutions supported via Thunderbolt™ or USB-C®.
For more compatible docking solutions, please visit Docking for ThinkBook 14 G7 IML

SECURITY & PRIVACY

Security Chip
Firmware TPM 2.0 Enabled

Fingerprint Reader
Touch Style, Match-on-Chip, Integrated in Power Button

Physical Locks
Kensington® Nano Security Slot™, 2.5 x 6 mm

Other Security
- IR camera for Windows® Hello (facial recognition)
- Camera privacy shutter

MANAGEABILITY

System Management
Non-vPro®

SERVICE

Base Warranty
1-year, Courier or Carry-in

Included Upgrade
1Y Premier WHB (CPN), CO2 Offset 0.5 ton (2nd Gen) TP WHB (CPN)

ACCESSORIES

Bundled Accessories[6]
None

CERTIFICATIONS

Green Certifications[7]
- ENERGY STAR® 8.0
- EPEAT™ Gold Registered
- ErP Lot 6
- ErP Lot 26
- RoHS compliant
- TCO Certified 9.0

Other Certifications
TÜV Rheinland® Low Blue Light (Software Solution)

Mil-Spec Test
MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	**Announce Date**	: 2024-05-29
EAN / UPC / JAN	: 198154403249	**End of Support**	: 2030-09-26

Note:
[1] Intel Arc Graphics only available on select H-series Intel Core Ultra processor powered systems with at least 16GB of system memory in a dual-channel configurations, otherwise it will function as Intel Graphics.
[2] Maximum memory is only to test technical readiness of notebook. Available memory to sell would vary.
[3] The system dimensions may vary depending on configurations.
[4] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.
[5] Wi-Fi 6E full features might be limited by country-level.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please link to
https://psref.lenovo.com/Detail/2421?M=21MR009MMZ

Premier Support - **A direct 24x7x365 line to our most elite technicians.**

- Advanced technical support, 24x7x365, in more than 100 markets
- Technical Account Managers for proactive relationship and escalation management
- Comprehensive hardware & OEM software support
- Priority on service delivery and repair parts
- Single point of contact for simplified end-to-end case management
- Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - **Protection of your PC from the unexpected.**

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - **Included with the systems you purchase, default 1- or 3-year coverage window.**

Warranty Extensions & Upgrades - **Service and protection that's right for your circumstances.**

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Hybrid USB-C with USB-A Dock (American Standard Plug Type B)

40AF0135US

- The ThinkPad Hybrid USB-C with USB-A dock is a productivity solution for any USB-C or USB-A laptop, including non-Lenovo laptops from Dell, HP, and Apple, providing power, display, and port expansion in any m...

Recommended Services

BEST	2Y Lenovo Support (Premier Support + KYD + 2Y SBTY + International Upg) (5PS1J31168)
BETTER	2Y Lenovo Support (Premier Support + KYD + International Upg) (5PS1J31181)
GOOD	2Y Premier Support upgrade from 1Y Premier Support (5WS1B38515)

For a full list of accessories and services, please visit:
https://smartfind.Lenovo.com

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Product Specifications Reference